

Gaviscon Infant – Bottledfed

Gaviscon (Trade Name) – Infant powder

Use: Gastric reflux suppressant

Gaviscon Infant works by mixing with the stomach contents, stabilising and thickening them to reduce the amount of reflux occurring. It is produced in a powder form and comes in one-dose sachets.

Administration: For bottle-fed babies each Gaviscon Infant sachet is mixed into at least 115ml of feed in the bottle and shaken well. As it increases the thickness of the feed medium or variable flow teats may be necessary.

If your infant often does not finish the whole feed, divide the feed and offer 115ml of formula with one sachet Gaviscon Infant added. When the first 115ml including Gaviscon Infant has been consumed, continue to feed the remainder of the normal feed without Gaviscon Infant. This will ensure the correct dose of Gaviscon Infant is given regardless of the amount of the bottle consumed.

Side effects: Include constipation.

Warning: Gaviscon Infant is "Not for infants under 1 year except under medical supervision". Do not use Gaviscon Infant with AR (thickened) formula or other feed thickeners.

REFERENCES:

- (1) Medscape - Gastroesophageal Reflux Disease in Infants and Children
- (2) New Ethicals Catalogue and Compendium
- (3) Medsafe data sheets
- (4) www.gaviscon.co.nz
- (5) <https://www.healthnavigator.org.nz/medicines/g/gaviscon-infant/>

ACKNOWLEDGMENTS:

GRASP (former New Zealand support group)

Rochelle Wilson (GRASP National Coordinator 1995 - 2001).

Dr Rodney Ford, Paediatrician <https://www.thechildrensclinic.co.nz/>

Reckitt Benckiser (New Zealand) Ltd 2006

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