



Gaviscon Infant - Breastfed

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The following information on Gaviscon Infant is intended to be used for informative purposes only and not be interpreted as: professional advice for treatment; or a recommendation for a specific treatment, product, course of action or healthcare provider.

In providing this information, Crying Over Spilt Milk Gastric Reflux Support Network New Zealand for Parents of Infants and Children Charitable Trust is not recommending the use of medications in the treatment of GORD in Infants and Children, nor advising against treatment if it is deemed necessary by a healthcare professional. Please do not discontinue your child's medications against medical advice.

Gaviscon (Trade Name) – Infant powder

Use: Gastric reflux suppressant

Gaviscon Infant works by mixing with the stomach contents, stabilising and thickening them to reduce the amount of reflux occurring. It is produced in a powder form and comes in one-dose sachets.

Administration: In breastfed babies, Gaviscon is mixed with a little cooled boiled water, formula or expressed breast-milk (5 ml is usually adequate) and fed before, during or after a feed. It is generally better accepted at the beginning of a feed and then helps to prevent reflux occurring during that feed. The dose can be administered from a syringe or spoon, or some breastfeeding parents prefer to mix the dose with 20 ml of liquid and to feed from a bottle before a feed. *(Please note this differs from the instructions on the box, but has been discussed with the manufacturer, Reckitt Benckiser.)*

Side effects: Include constipation.

Warning: Gaviscon Infant is "Not for infants under 1 year except under medical supervision". Do not use Gaviscon Infant with feed thickeners. ⁱ

REFERENCES:

- (1) Medscape - Gastroesophageal Reflux Disease in Infants and Children
- (2) New Ethicals Catalogue and Compendium
- (3) Medsafe data sheets
- (4) www.gaviscon.co.nz

ACKNOWLEDGMENTS:

GRASP (former New Zealand support group)

Vicki Martin, Nutrition and Herbal Technical Consultant, Healtheries of New Zealand Limited

Rochelle Wilson (GRASP National Coordinator 1995 - 2001).

Dr Rodney Ford, Paediatrician (<http://drrodneyford.com/>)

Reckitt Benckiser (New Zealand) Ltd

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www.cryingoverspiltmilk.co.nz

ⁱ <http://www.pharmacylive.co.nz/product-guide/detail?pid=3db45c3d-abb6-4a11-a3f4-b4783051b070&cid=67A885D3-156C-483E-96B3-1ACFE1E4D18D> – Gaviscon Infant