



Gaviscon Infant - Bottled

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The following information on Gaviscon Infant is intended to be used for informative purposes only and not be interpreted as: professional advice for treatment; or a recommendation for a specific treatment, product, course of action or healthcare provider.

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Gaviscon (Trade Name) – Infant powder

Use: Gastric reflux suppressant

Gaviscon Infant works by mixing with the stomach contents, stabilising and thickening them to reduce the amount of reflux occurring. It is produced in a powder form and comes in one-dose sachets.

Administration: Bottle-fed babies can have the dose added straight to the bottle (medium or variable flow teats may be necessary).

If your infant often does not finish the whole feed, divide the feed and offer 120 ml of formula with one sachet Gaviscon Infant added. When the first 120 ml including Gaviscon Infant has been consumed, continue to feed the remainder of the normal feed without Gaviscon Infant. This will ensure the correct dose of Gaviscon Infant is given regardless of the amount of the bottle consumed.

Side effects: Include constipation.

Warning: Gaviscon Infant is "Not for infants under 1 year except under medical supervision". Do not use Gaviscon Infant with AR (thickened) formula or other feed thickeners. ⁱ

REFERENCES:

- (1) Medscape - Gastroesophageal Reflux Disease in Infants and Children
- (2) New Ethicals Catalogue and Compendium
- (3) Medsafe data sheets
- (4) www.gaviscon.co.nz

ACKNOWLEDGMENTS:

GRASP (former New Zealand support group)
Vicki Martin, Nutrition and Herbal Technical Consultant, Healtheries of New Zealand Limited
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www.cryingoverspiltmilk.co.nz

ⁱ <http://www.pharmacylive.co.nz/product-guide/detail?pid=3db45c3d-abb6-4a11-a3f4-b4783051b070&cid=67A885D3-156C-483E-96B3-1ACFE1E4D18D> – Gaviscon Infant