



Crying Over Spilt Milk

GASTRIC REFLUX SUPPORT NETWORK NZ
FOR PARENTS OF INFANTS & CHILDREN CHARITABLE TRUST

**Does your baby/child
have gastric reflux?**

www.cryingoverspiltmilk.co.nz

SYMPTOMS OF GASTRIC REFLUX MAY

INCLUDE:

- Vomiting/spilling
- Feeding difficulties
- Comfort feeding
- Sleep problems
- Distress/irritability
- Arching of back

(Please see your health professional for diagnosis and medical treatment.)

If you are looking for support or information we are able to help:

GRSNNZ

National Co-ordinator

North Island contact

Jennifer Howard

Phone (07) 855 9350 or

0800 380 517 (Free calling line for out of Waikato only)

Email: admin@cryingoverspiltmilk.co.nz

Regional Co-ordinator

South Island contact

Roz

Phone (03) 347 8504

Email: roz@cryingoverspiltmilk.co.nz

"Supporting families coping with Gastric Reflux"

Cards with contact details available on request.

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Grant Board

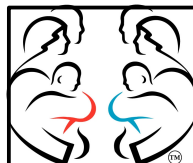


NEW ZEALAND

Lottery Grants Board

TE PUNA TAHUA

Forerunners of the welfare state.



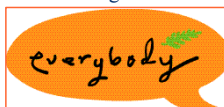
**PARENT to PARENT
MATUA ki te MATUA**

Parent to Parent
is a support and
information network
for parents of children
with special needs.

*"Parents Supporting
Parents"*

**National office:
0508 236 236**

NZ Health information site &
Crying Over Spilt Milk's
message board.



www.everybody.co.nz